

VCCL Results - parkrun 2023

Race 17

Saturday, 12 August, 2023

parkrun

Place	Name	#	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Irene James	60	5	26:24	77	11:35	0:00	14:49	0:00	5:17	
2	Mark Andrews	144	5	16:45	12	1:50	0:00	14:55	0:06	3:21	
3	Corey Lawson	233	5	17:57	19	2:55	0:00	15:02	0:13	3:35	
4	Natalie Densley	338	5	19:28	28	4:15	0:00	15:13	0:24	3:54	
5	Mark O'Brien	33	5	26:28	73	11:00	0:12	15:16	0:27	5:18	
6	Matt Grant	231	5	17:08	8	1:15	0:00	15:53	1:04	3:26	
7	Russell Johnson	30	5	22:49	43	6:30	0:00	16:19	1:30	4:34	
8	Marcus Boxall	49	5	19:36	21	3:10	0:06	16:20	1:31	3:55	
9	Fraser Murray	191	5	21:36	33	5:00	0:09	16:27	1:38	4:19	
10	Francis Dowdle	369	5	17:52	9	1:25	0:00	16:27	1:38	3:34	
11	Jacqui Antidormi	375	5	30:07	87	13:05	0:00	17:02	2:13	6:01	
12	David Page	310	5	20:14	19	2:55	0:00	17:19	2:30	4:03	
13	Luke Critchley	321	5	25:15	41	6:10	0:00	19:05	4:21	5:03	
14	Ray Barnard	124	5	32:43	66	9:55	0:30	22:18	7:29	6:33	